

TROJAN TRIBUNE

The purpose of Delburne Centralized School is to facilitate each student's success.

What's Happening at Delburne School ...

Feb. 12, 13 – Grad Photos

Feb. 14 - Hockey Skills 6:30am

Feb. 17-21 – Winter Break

Feb. 20, 21 – Teachers' Convention

Feb. 26 – Pink Shirt Day

Feb. 27 – PAC Meeting 6:30pm

Feb. 28 – Hockey Skills 6:30am

Mar. 3 – DCS Celebrates Assembly 9:45am

Mar. 5 – Gr. 9 Snowshoeing Trip, MS Ski Trip to Nakiska

Mar. 6 – Collaborative Day (no school for students)

Mar. 17-19 – Scholastic Book Fair

Mar. 19 – Parent/Teacher Conferences 3:30-8:00pm

Mar. 20 – Non Instructional Day (no school)

Apr. 2 – DCS Celebrates Assembly 12:45pm

Apr. 5, 6 – HS Ski Trip to Lake Louise

Apr. 10-19 – Spring Break

School Phone: 403-749-3838

School Fax: 403-749-3012

Website: www.delburneschool.ca

School Begins at 8:40am, ends 3:05pm

Lunch from 12:00am-12:40pm



Come Join Us!

Please join us at our next PAC meeting **Thursday, February 27**, at 6:30pm in the Learning Commons. All Parents/Guardians welcome to attend.



Grade 12 student, Wes Bellerive, received his Green Certificate from Mr. Banks at the monthly DCS Celebrates Assembly. Students can earn 16 High School credits when they complete the Green Certificate Program!



Thank You Volunteers...

DCS and PAC would like to thank our volunteers who worked shifts at our 2 day casino dates in early February. Thank you **Breanne Hansen, Jane Pisko, Jenn Craig, DeAnne Hutchison, Michelle Page, Nikki Pivert, Melissa Abbott, Crystal Peters, Ted Hutchings, Rona Sutherland, Courtney Cox, Jerrilyn Marek, Tony Page, Cheryl Marek and Carole Warner.**



DCS Annual Curling Bonspiel

The annual Grades 4-12 Curling Bonspiel will be held after school, **February 10-13**. Come and cheer on your favourite team!

The dress-up themes:
Feb. 10 – **Matchy Matchy Monday** (everything and everyone matches)

Feb. 11 – **Camo Tuesday**

Feb. 12 – **Who-ville Wednesday** (any Dr. Seuss character)

Feb. 13 – **Thrift Shop Thursday** (your best thrift shop outfit)

Principal's Message

The beginning of a new semester for our High School students is a fresh start and reason for great optimism. Optimism is a crucial component of success and well-being. During the final months of the school year, the dedication of students, parents, and staff pay off in terms of student learning. The growth that students demonstrate over the course of the school year keeps me optimistic!

I hope everyone enjoys their Winter Break and has a chance to spend time with family and friends.

As always, if you have any questions, please contact me directly at 403-749-3838 or email thutchings@cesd73.ca.

Sincerely,
Ted Hutchings, Principal

Accountability Pillar – Parent Survey

Each year, Alberta Education asks for feedback from parents between January and February. Parents of grade 4, 7, and 10 students will be invited to complete the survey and will receive a package in the mail from Alberta Education. Parents are strongly encouraged to fill out the survey. Your voice is crucial and accountability is very important to our schools and Alberta Education. Parents can also complete the survey online by following this link

<https://public.education.alberta.ca/APOS/>



Sharing Our Values Each Day

A Message from the Board of Education

It is highly gratifying in our roles as Trustees to have many opportunities to visit our schools and see that our division's values are at the core of every interaction with students. In Chinook's Edge, we worked together to build our mission and vision statements so that values inform our work with the students we serve. They guide relationships at every level of our school division, and impact the future for every one of our students.

Ensuring that our students are engaged in meaningful learning and encouraged to rise to new challenges is our mission in Chinook's Edge. Our teachers and school staff recognize the uniqueness of every child in our care and encourage each one to

achieve their true potential. As Trustees, we are extremely proud of these efforts in our Chinook's Edge learning community.

**Allan Tarnoczi, Chair
Chinook's Edge Board of
Trustees**

Navigating the cost of three million kms in student busing each year:

Our focus as a Board of Trustees is to ensure the quality learning we provide to over 11,000 students is not compromised by redirecting classroom resources to address the complexities surrounding our transportation deficit. Please read more in the February issue of [Trustees at work for students](#).



2018-19 Yearbook

Selling Fast!

Only eleven 2018-2019 yearbooks left, so if you would like to buy one please come in to the Main Office. They are selling for \$45.00. If you ordered one, please come in and pick your copy up.

We also have past yearbooks for sale in the office, ranging from \$10.00-\$45.00.

Hot Lunch Program

Hot Dog Day...

Wednesdays \$1.50 each

Hot Lunch...

Friday, February 14

Chicken Nuggets & Veggies \$3.50

Friday, February 28

Pancakes & Fruit \$3.00

Friday, March 13

Taco-in-a-Bag \$4.00

Friday, March 27

Hamburgers \$3.25

Cheeseburger \$3.50



GRAD PHOTOS

February
12 & 13

\$30.00 deposit is required.



HEADQUARTERS SALON
BIRTHDAY HAIRCUT
WINNER FOR JANUARY:
KATEY PAGE

TROJAN TRIBUNE

Published the second Wednesday of each month. Please have entries to Robin by 4:00pm the Thursday before publishing date.

Robin Ritchie
rritchie@cesd73.ca

DCS Celebrates January 2020



Sponsor: **Delburne Service Center**

Delburne Service Center was the sponsor for the January *DCS Celebrates* assembly. The *DCS Celebrates* certificates are given to students who show excellence in one or more of the following three areas:

DCS: Dedication, Citizenship & Spirit.

DIVISION I RECIPIENTS

Blake Strangways, Sawyer Hippard, Wyatt Rieder, Devina Murray, Maveryk Anderson, Thatcher Hippard, Lamira Magyar, Landon Bellerive, Brannagh Douglas, Hailey Eddyvean, Jordyn Metz, Jason Andre, Julia Hansen, Kyla Guynup and Kye Flath.

DIVISION II RECIPIENTS

Shayna Silbernagel, Alexis Shannon, Evan Cole, Katey Page, Chloe Bellerive, Lilly Simpson, Monty Struhar, Ryan Ward, Jorja Russell and Tylis Saddleback.

DIVISION III RECIPIENTS

Kadence Devine, Wyatt Dahl, Emmette Cochrane, Pyper Wilson, Caidyn Flemming and Sadie Helm.

The **Delburne Service Center** donated four fifty dollar bills. The draw winners for January were Lamira Magyar, Chloe Bellerive, Julia Hansen and Emmette Cochrane.



(DCS Award recipient names were entered into a draw).

If you would like to be a sponsor for the DCS Awards, please call Stephen Banks at the school 403-749-3838.

Gowns for Grad



FREE GRAD DRESSES!

The Trenville Royal Purple Elks #248 will be hosting their next *Gowns for Grad*.

February 15, from 9:00am to 7:00pm

February 16, from 10:00am to 5:00pm

Elnora Hall

All grads welcome! Some dresses available for moms and sisters too! We also have a few suits available.

For more information call Louise Higginbottom (403-773-3570) or Dawna Hughes (403-358-9873).



Trey Purdie Memorial Scholarship Application

Students residing in Red Deer County and /or attendees of Chinook's Edge School Division

The Trey Purdie Memorial Scholarship was developed in memory of Trey Purdie, an exemplar young, rural Central Alberta resident.

Application Process:

Complete the application form by typing your answers.
Submit the completed application by email at info@rddef.ca or by mail to:

Red Deer & District Community Foundation
Re: Trey Purdie Memorial Scholarship
Suite 503, Parkland Square
4901-48th Street
Red Deer, Alberta T4N 6M4

Deadline for applications is Wednesday, April 1, 2020 at 4:30 pm.

Your submission must contain the following:

1. Completed application form
2. One reference letter from either:
 - a. A teacher OR,
 - b. A community member who you have developed a working relationship with outside of school activities
3. University/College acceptance letter
** Successful applicants are permitted to defer for one year. Please indicate if this is your intention.*
4. Working copy of high school transcript (If you do not have a Provincial transcript, a copy of your Powerschool marks may be submitted)
5. An application essay (300 – 500 words)

Please Note: All applicants must reside on a working farm or ranch, Red Deer County Resident or be graduating from a school within the Chinook's Edge School Division.

I. APPLICATION ESSAY

Please enclose an essay of between 300 – 500 words (please keep essay limited to suggested word count).

Essay Question: **How has being raised in rural Alberta inspired the person you are today and the person you are striving to become? Describe why this has impacted you and how you have evolved from those circumstances.**

A) REFERENCE LETTER FROM TEACHER

If your reference letter is from a teacher, make it one who has worked with you during your high school years, both in the classroom or extra-curricular standpoint. This letter should highlight the skills and abilities that make you best qualified for this scholarship.

B) REFERENCE LETTER FROM COMMUNITY MEMBER

If your reference letter is from a community member, please have them explain why your community efforts make you a deserving applicant for this scholarship.

Applications are weighted on the following criteria:

1. Application Essay (30%)
2. Teacher &/or Community Member Reference Letter(s) (30%)
3. School/Community and AHSRA Involvement and Achievements (20%)
4. Academics (20%)



Mr. Neilson's famous Elephant Ears will be for sale during conferences for \$2.00!



Visit the Scholastic Book Fair and enter their draws!

Thursday, March 19

3:30-8:00pm

We will be taking bookings starting the beginning of March, for students in grades K-2. Grades 3-12 drop-in conferences in the Large Gym. Teacher supper break is from 5:30-6:00pm.



BOOK FAIR!

March 17-19

8:30am - 4:00pm

Open until 8:00pm on Parent/Teacher Conference night, March 19

Delburne School Learning Commons



Ready, Set, Go!

Welcome to Online Kindergarten Registration
for the 2020-2021 school year!

**Please visit our school website to
register online.**

Call or drop by our school at any time to
discover the wonderful opportunities waiting
for your child!



**Why Not Start the New Year Off
with a Harvest Gym Membership?**

Adults: \$60.00

Students attending DCS: \$10.00

Memberships are valid through to June 19, 2020.
Students must be accompanied by an adult after 4:00pm.



Family Board Game Night -
Bring your family & come to
play!

THURSDAY, Feb 27th
5:30-7:30 PM
School Gathering Area
Food will be provided

5:30-7:30

Brought to you by: FCSS, YES, B&G Club, and FSW

Talking to Kids About Online Challenges

BRAIN DEVELOPMENT

The brain development of all children is an important consideration when we talk about online challenges. Because of this, children are more inclined to take risks without full consideration of the consequences.

ACKNOWLEDGE THE LURE

Talk to your child about the fact that the lure of online challenges is very real, and not all challenges are bad. But all challenges should be discussed.

YOU CAN RESEARCH

You are not invading your child's personal space by researching internet challenges and knowing what is "cool" at the moment.

THINK TOGETHER

Think it through together. Talk about the risks involved, and most importantly, discuss WHY people would do it. Some challenges are even helpful like the ice bucket challenge (2014).

RECOGNIZE PEER PRESSURE

Acknowledge the role that peers play in the lives of kids. Some of their peers may be online friends, but to this generation those friends are as real as their face-to-face friends.

TRY NOT TO SHOCK THEM

It can be very tempting to scare kids into avoiding things like online challenges. Graphic or scary images, or extreme stories don't actually help resolve the issue.

BE REASSURING

Make sure they know that they can always approach you to talk about online activities, even if it is one of their friends who is engaging in the activities. Open communication is so critical.

SET A HOUSEHOLD RULE

After you've talked and listened, set a rule for your household regarding online challenges. A simple, effective rule can be that no challenge is done without talking about it first.



WE HAVE MORE DETAILED INFORMATION AND REFERENCES ONLINE

<http://edtechframework.com/support/talking-to-kids/>

Talking to Kids About Online Challenges

Talking to kids about their online life and social media usage is not always easy. We offer these 8 tips to help understand online challenges, and the lure of them for both children and teens.

1. Child development and the human brain development is a complicated topic. As parents it seems we just get our child kind of figured out and they change. Things that a few short months ago were so important to them suddenly become "babyish" and we are back to the drawing board to adjust parenting techniques!! It's a never-ending process.

Children, as we all know, have brains that are still growing, developing and learning, and it's important that we talk to them about online challenges when they appear in the media. (The Tide Pod Challenge presents a good opportunity to talk to little ones about how silly that challenge is, and gives a chance to start the conversation.)

Teens enter into a new phase of brain development that Psychologists have termed "The Personal Fable", (it's very interesting. We do recommend googling it as it will apply to many situations, not just online challenges). The bottom line is that they are in a stage of development where they are **more willing than the average human to take risks**, and this can come into play with online challenges.

2. **Acknowledge** with your child that some challenges can be very tempting. The cinnamon challenge a few years back seemed harmless, but it actually came with some pretty significant health risks depending on the person.
3. You can **research online challenges**. You are not invading your child's privacy by googling the term "online challenges" and knowing what is out there. Some challenges, like the "mannequin challenge" are harmless and just good fun. Others like the ice bucket challenge (2014) are positive. That particular "challenge" raised a lot of money for ALS research. Others like the Tide Pod Challenge sound silly to some ears, but can actually be deadly.
4. Bring up the topic of online challenges and **think it through together**. Talk about the risks involved in some of the challenges. Discuss WHY someone would do the challenge. Encourage your child to think critically about some of the challenges that have occurred previously and then discuss the actual results with them. You might have to do #3 on our list so that you can talk about how they actually turned out. The cinnamon challenge is a good one to use, as it sounds so harmless when it is first presented to a child's ears.
5. **Recognize peer pressure**. Show them that you understand that their peers play a role in their lives, and acknowledge that sometimes it's hard to not do something that it seems like "everyone else is doing". Further, talk about peers from online. In a globally networked world, your child will likely have friends online - perhaps from a game like Fortnite, Roblox or Minecraft, or from streaming services like Twitch or YouTube. In the life of your child, those are peers too. Talk about them all. Talk about the pressure. Talk about how to respond to the pressures they may be facing already.
6. Try not to shock them. As a parent, it can feel really frightening to analyze all the "what-ifs" of online life. Showing a child graphic images, or taking measures to scare them doesn't actually help the situation. Continue to keep yourself informed about online challenges so that you can continue to talk over time with your child. It doesn't have to be a one-time-only conversation. Keep the conversation going.
7. **Be reassuring**. Make sure your child knows that they can always talk to you. In order to have communication, both parties need to feel safe. Tell your child that if they are worried about a friend doing a challenge, they can come to you and you will help them sort through the risks and the rewards of doing the challenge.
8. **Set a household rule**. After you've listened, and you've talked and you've listened some more, set a household rule regarding online challenges. Give your child the opportunity to make the rule. The more input they have, the more likely they are to follow the rule. A positive rule could be that no online challenge can be done without having a conversation first that discusses the benefits of doing the challenges as well as the risks. Two heads thinking about a challenge are always better than one!

