

# TROJAN TRIBUNE

The purpose of Delburne Centralized School is to facilitate each student's success.

## What's Happening at Delburne School

**Jan. 28** – PAC Virtual Meeting

6:30pm

**Jan. 29** – Semester Break  
(Organizational day for staff)

**Feb. 1** – Semester 2 begins

**Feb. 4** – Virtual DCS Celebrates  
9:45am

**Feb. 5** – Collaborative Day (no school for students)

**Feb. 10 & 11** – Grad Photos

**Feb. 15-19** – Winter Break

**Feb. 18 & 19** – Teachers' Convention

School Phone: 403-749-3838

School Fax: 403-749-3012

Website: [www.delburneschool.ca](http://www.delburneschool.ca)

School Begins at 8:40am, ends 3:05pm

Lunch from 12:00am-12:40pm

## Ready, Set, Go! Welcome to Online Kindergarten Registration!

Chinook's Edge is now accepting Kindergarten registrations for the 2021-2022 school year.

Children must turn five years old by December 31, 2021 to begin attending Kindergarten in the fall of 2021. Online registration will begin in early January – please visit our website at [www.cesd73.ca](http://www.cesd73.ca) for Kindergarten information.

Please upload your child's birth certificate online or email a copy to Kathy Huston, [khuston@cesd73.ca](mailto:khuston@cesd73.ca).



## GRAD PHOTOS February 10 & 11

Book time online at

[www.SmartPhotography.ca/book/](http://www.SmartPhotography.ca/book/)

Access Code: DCS2021

Sitting Fee: \$25.00



## Come Join Us!

Please join us at our next PAC

Google Meet, **Thursday,**

**January 28<sup>th</sup>** at 6:30pm.

## Casual for a Cause

With a \$2.00 donation to the *Casual for a Cause* fund, DCS staff may wear jeans on Fridays. For the month of December *Casual for a Cause* donated \$115.00 to the Delburne Food Bank and \$195.00 to The Mustard Seed, Red Deer.

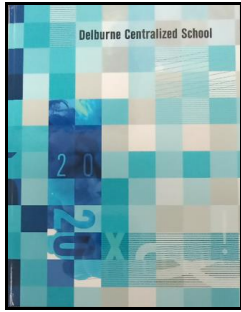


## Masks Mandatory

Please ensure your child has a mask each day as part of their school attire. We are going through our supply of disposable masks intended for visitors, too quickly!

## Revised Procedures for Visitors to the School

All visitors to the school **MUST** wear a face covering when entering, exiting, and moving through shared spaces. To limit the number of people entering and exiting the building, we are asking that parents adopt a modified routine for dropping off and picking up student materials. If you need to drop off or pick up something during the school day, please call the school office at 403-749-3838 and one of our staff members will come out to meet you.



## **2019-20 Yearbook Selling Fast!**

Only five 2019-2020 yearbooks left, so if you would like to buy one please call the Main Office. They are selling for \$45.00. If you ordered one, please arrange to pick up your copy.

We also have past yearbooks for sale in the office, ranging from \$10.00-\$45.00.

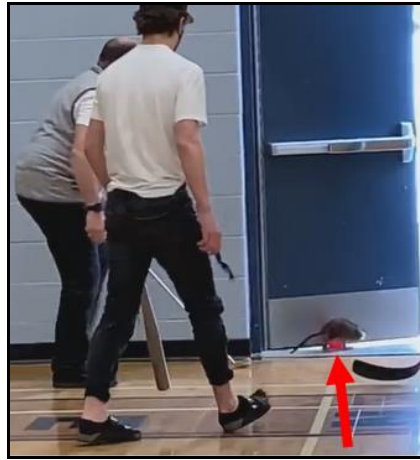
## **Principal's Message**

It has been so nice to have all of our students back in the building! Everyone was excited to return to in person classes. Our high school students are working hard to wrap up their first semester and we are so proud of the resilience they have shown. Final exams will be written in class during the last two weeks of January. **Please note that regular classes will be held right up to Thursday, January 28. Grade 9 students will NOT be writing Provincial Achievement Tests this year, so they will have regular classes instead of a break for exams.**

As we move forward, I want to extend my sincere gratitude to our students, parents, and staff. Everyone has adapted nicely to our new routines and guidelines and this is greatly appreciated.

As always, if you have any questions, please contact me directly at 403-749-3838 or email [thutchings@cesd73.ca](mailto:thutchings@cesd73.ca).

Sincerely,  
**Ted Hutchings, Principal**



*Muskkrat joins Phys Ed class on January 13th!*

## **Our Commitment to Health and Wellness**

### **A message from the Superintendent**

In Chinook's Edge, we know that supporting a healthy environment in our schools will positively impact the achievement and social emotional well-being of our students and staff. The global situation shows us that now, more than ever, our division's focus on wellness will ensure our students remain engaged and ready to learn, even as our circumstances change and evolve.

Our division has a long-held priority of caring relationships at every level. Relationships Matter in Chinook's Edge, and we can draw on that foundation in the coming months to support a sharp focus on our divisional goals that will continue to set our students up for success: Literacy, Academic Excellence, Career Connections, and Social Emotional Well-being.

On behalf of the Board of Trustees and our Central Office Leadership Team, I wish everyone in our Chinook's Edge school communities a happy and healthy new year.

**Kurt Sacher  
Superintendent**



For Trustee updates and to read the latest Board eNews, please visit [our website](#).

## **FundScrip Gift Cards**

Shop from the comfort of home during COVID. Gift cards ordered through FundScrip will benefit the school and are mailed directly to you! Check it out!

Visit the FundScrip website at [www.fundscrip.com](http://www.fundscrip.com) and click on the "Support Your Group" button located on the top right hand corner and fill in the required information.

**Group Invitation Code:  
TVN5M3**

**Delburne School 36018**

Once you have completed the sign up process, you will be sent a confirmation email. Click the link in the confirmation email to complete your registration.

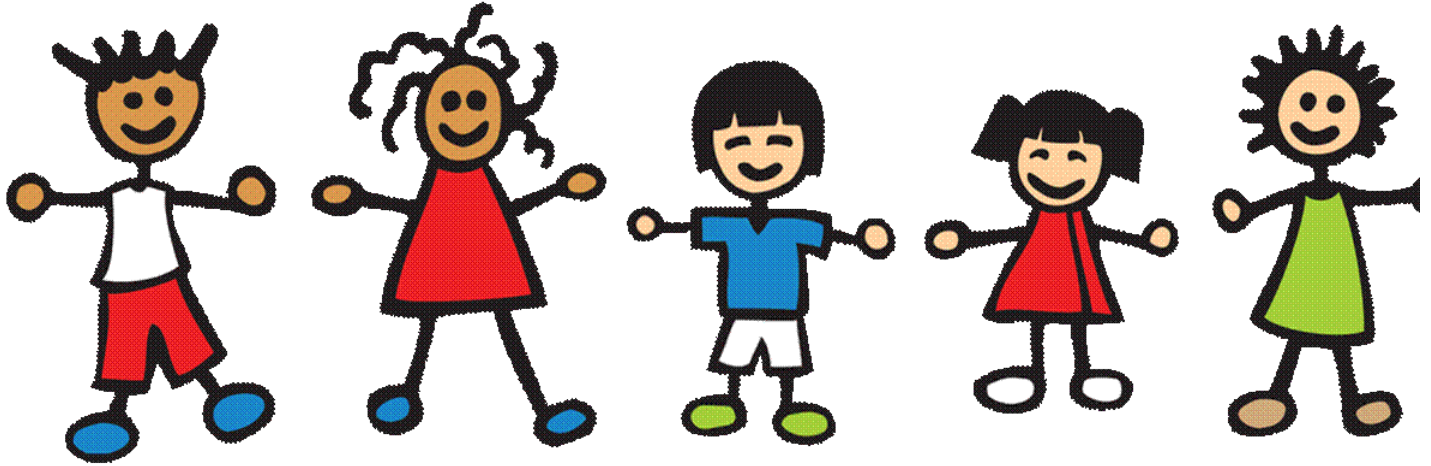
Now you are ready to login, place orders and start supporting the school.



## **TROJAN TRIBUNE**

Published the third Wednesday of each month (unless lands on a holiday). Please have entries to Robin by 4:00pm the Thursday before publishing date.

**Robin Ritchie**  
[rritchier@cesd73.ca](mailto:rritchier@cesd73.ca)



Ready, Set, Go!

## Welcome to Online Kindergarten Registration!

Beginning January 11<sup>th</sup>, Chinook's Edge will be accepting Kindergarten registrations for the 2021-2022 school year. Children must turn five years old by December 31, 2021 to begin attending Kindergarten in the fall of 2021. Please upload your child's birth certificate online or email a copy to Kathy Huston, [khuston@cesd73.ca](mailto:khuston@cesd73.ca). Visit our DCS website or [www.cesd73.ca](http://www.cesd73.ca) for Kindergarten information.



**Delburne Centralized School**



January Exam Schedule - Grade 10				
18 - B	19 - A	20 - B	21 - A	22 - B
				ELA 10-1/10-2 Final Exam (Betts) 9:00 - 12:00
25 - A	26 - B	27 - A	28 - B	29
	Social Studies 10-1/10-2 Final Exam (Ray) 9:00 - 12:00	ELA 10-1/10-2 Final Exam (Betts) 12:40 - 3:05		School Organizational Day

## January Exam Schedule - Grade 11

January Exam Schedule - Grade 11					
18 - B	19 - A	20 - B	21 - A	22 - B	
					Chemistry 20 Final Exam (Simpson) 9:00 - 12:00
25 - A	26 - B	27 - A	28 - B	29	
Phyiscs 20 Final Exam (Simpson) 9:00 - 12:00	Biology 20 Final Exam (Kozey) 9:00 - 12:00				School Organizational Day
Science 24 Final Exam (Simpson) 9:00 - 12:00					

**DIPLOMA EXAMS ARE OPTIONAL FOR 2020-2021 SCHOOL YEAR DUE TO COVID**

## January Exam Schedule - Grade 12

January Exam Schedule - Grade 12					
18 - B	19 - A	20 - B	21 - A	22 - B	
			Social Studies 30-1/30-2 Final Exam Part A 12:00 - 4:00 (Ray)	Math 30-2 Practice Final 9:50 - 12:40 (Good)	
25 - A	26 - B	27 - A	28 - B	29	
Social Studies 30-1/30-2 Final Exam Part B 12:00 - 4:00 (Ray)	Physics 30 Final Exam 12:40 - 3:05 (Simpson)	Math 30-2 Final Exam 9:50 - 12:40 (Good)			School Organizational Day



# Addiction & Mental Health Resources

## Help is available

### Helplines and virtual support

<b>Mental Health Helpline</b>	1-877-303-2642 toll-free available 24/7
<b>Addiction Helpline</b>	1-866-332-2322 toll-free available 24/7
<b>Suicide Prevention</b>	811 HealthLink toll-free available 24/7
<b>Crisis Text Line</b>	Text CONNECT to 741741
<b>Togetherall</b>	Clinically moderated free online peer-to-peer mental health community: <a href="https://togetherall.com/en-ca/">https://togetherall.com/en-ca/</a>
<b>Wellness Together Canada</b>	Government of Canada resource to get connected to mental health and substance use support, resources, and counselling with a mental health professional.
<b>Kids Help Phone</b>	1-800-668-6868 Text CONNECT to 686868
<b>Calgary ConnecTeen (available to all youth)</b>	Text 587-333-2724 Online chat: <a href="https://calgaryconnecteen.com/">https://calgaryconnecteen.com/</a>
<b>Native Youth Crisis Hotline</b>	1-877-209-1266
<b>First Nations and Inuit Hope for Wellness</b>	1-855-242-3310 Online chat: <a href="https://www.hopeforwellness.ca/">https://www.hopeforwellness.ca/</a>
<b>Income Support</b>	1-866-644-5135
<b>Other important numbers</b>	<a href="https://myhealth.alberta.ca/pages/emergency-phone-numbers.aspx">https://myhealth.alberta.ca/pages/emergency-phone-numbers.aspx</a>

### Community resources

<b>Addiction &amp; Mental Health Programs &amp; Services</b>	<a href="http://www.ahs.ca/amh">www.ahs.ca/amh</a>
<b>211 Alberta</b>	Connect to social and support resources, including financial help and community and government information.
<b>Access 24/7 (Edmonton)</b>	780-424-2424
<b>Access Mental Health (Calgary)</b>	403-943-1500
<b>Distress Centre (Calgary)</b>	403-266-4357

# Addiction & Mental Health Resources

## Help is available

### Helplines and virtual support

[See all](#)

- Mental Health Helpline: 1-877-303-2642
- Addiction Helpline: 1-866-332-2322
- Crisis Text Line: Text CONNECT to 741741
- [Togetherall](#) online peer-to-peer support
- [Wellness together Canada](#) support portal

### Community resources

[See all](#)

- 211 Alberta
- [AHS Addiction & Mental Health Programs & Services](#)

## Taking care of you

### Coping and wellness

[See all](#)

- [COVID-19 and your mental health](#)
- [Taking charge of what you can](#)
- [Text4Hope](#)

### Substance use and addiction

[See all](#)

- [Alcohol & COVID-19](#)
- [Cannabis & COVID-19](#)
- [Opioid poisoning response & COVID-19](#)

### Employment and finances

[See all](#)

- [Managing COVID-19 financial stress](#)
- [Managing mental health during COVID-19 for frontline workers](#)
- [Mental health tips for working from home](#)

### Physical well-being

[See all](#)

- [Healthy eating starts here: Steps to a healthier you](#)
- [30 days to a well-rested you](#)

## Taking care of others

### Family resilience

[See all](#)

- [Coping and connection for children & families during COVID-19](#)
- [COVID-19: Grieving together](#)
- [Family violence during COVID-19](#)

### Children and teens

[See all](#)

- [Helping teens adapt to the new normal](#)
- [Helping your child or teen respond to a disaster or emergency](#)
- [Talking to kids about COVID-19](#)

### Seniors

[See all](#)

- [COVID-19: Resources for seniors and their caregivers](#)
- [Seniors wellness in challenging times: A COVID-19 resource](#)

### Suicide

[See all](#)

- [Tips for communicating about suicide](#)
- [Hope and healing: A guide for people who have lost someone to suicide](#)